



Here are common patient questions and their answers in an easy to use FAQ:

What is Laser therapy?

"It's an FDA-cleared therapeutic treatment that manages pain and inflammation while accelerating tissue regeneration."

How does it work?

"Laser energy increases circulation, drawing water, oxygen, and nutrients to the damaged area. This creates an optimal healing environment that reduces inflammation, swelling, muscle spasm, stiffness and pain."

Why do you use it?

"We've added Laser therapy to our practice because we want to provide an effective and safe treatment option for our patients to heal quickly, recover fully and reduce pain effectively."

What does a treatment feel like?

There is little or no sensation during treatment. Occasionally, the patient feels mild, soothing warmth, or tingling sensations. Areas of pain or inflammation may be sensitive briefly before pain reduction.

Are there any side effects?

During more than twenty years of use by healthcare providers all over the world, very few side effects have ever been reported. Occasionally, some old injuries or pain syndromes may feel aggravated for a few days as the healing response is more active after treatment.

How often should I receive laser therapy?

Acute conditions may be treated daily, particularly if they are accompanied by significant pain. More chronic problems respond better when treatments are received 2 to 3 times a week, tapering to once every week or two as improvement is seen.

How many treatments will I need?

This depends on the nature of the condition being treated. For some acute conditions 4 to 6 treatments may be sufficient. Those of a more chronic nature may require 6 to 12 (or more) treatments. Conditions such as severe arthritis may require ongoing periodic care to control pain.

How long before I feel results?

You may feel improvement in your condition (usually pain reduction) after the very first treatment. Sometimes you will not feel improvement for a number of treatments. This does not mean that the condition is not improving. Each treatment is cumulative and results are often felt after 3 or 4 sessions.